



FUSIONGOLF
— A C A D E M Y —

Junior Unlimited
Membership

At **Fusion Golf Academy**, we come in contact with tons of kids and their parents. Some are hoping to get started learning the basics of golf, while others are further along and may be dreaming of becoming star junior players or decorated collegiate golfers. Some are even aiming at becoming world class touring professionals on the PGA or LPGA Tour.

No matter what the goal is, surprisingly few parents or young golfers are aware of the critical fundamental principles of Long Term Player Development. Although their intentions are good, parents and players aren't certain how to get the best start in the game, and for those with some prior experience, they aren't clear on what they should be learning and working on at certain ages or stages of development. Without this information or the ability to implement it... the result is usually frustration, limited success or burnout.

Fusion Golf Academy is all about providing parents and junior golfers with a clear roadmap to a proper start in golf, and how to navigate and guide a player for long term development in the sport to reach their true potential.

We know from years of observation, study and implementation that there are concrete patterns to the development of successful golf athletes. Knowing and understanding these patterns, and then planning our coaching, training and skill development around these patterns is key to creating the **Fusion Golf Academy** environment of success.

We draw on a proven track record, decades of experience, and deep knowledge of sports science research that confirms what must take place for junior golfers to develop the athleticism, technical expertise and confidence needed to succeed at the game of golf.



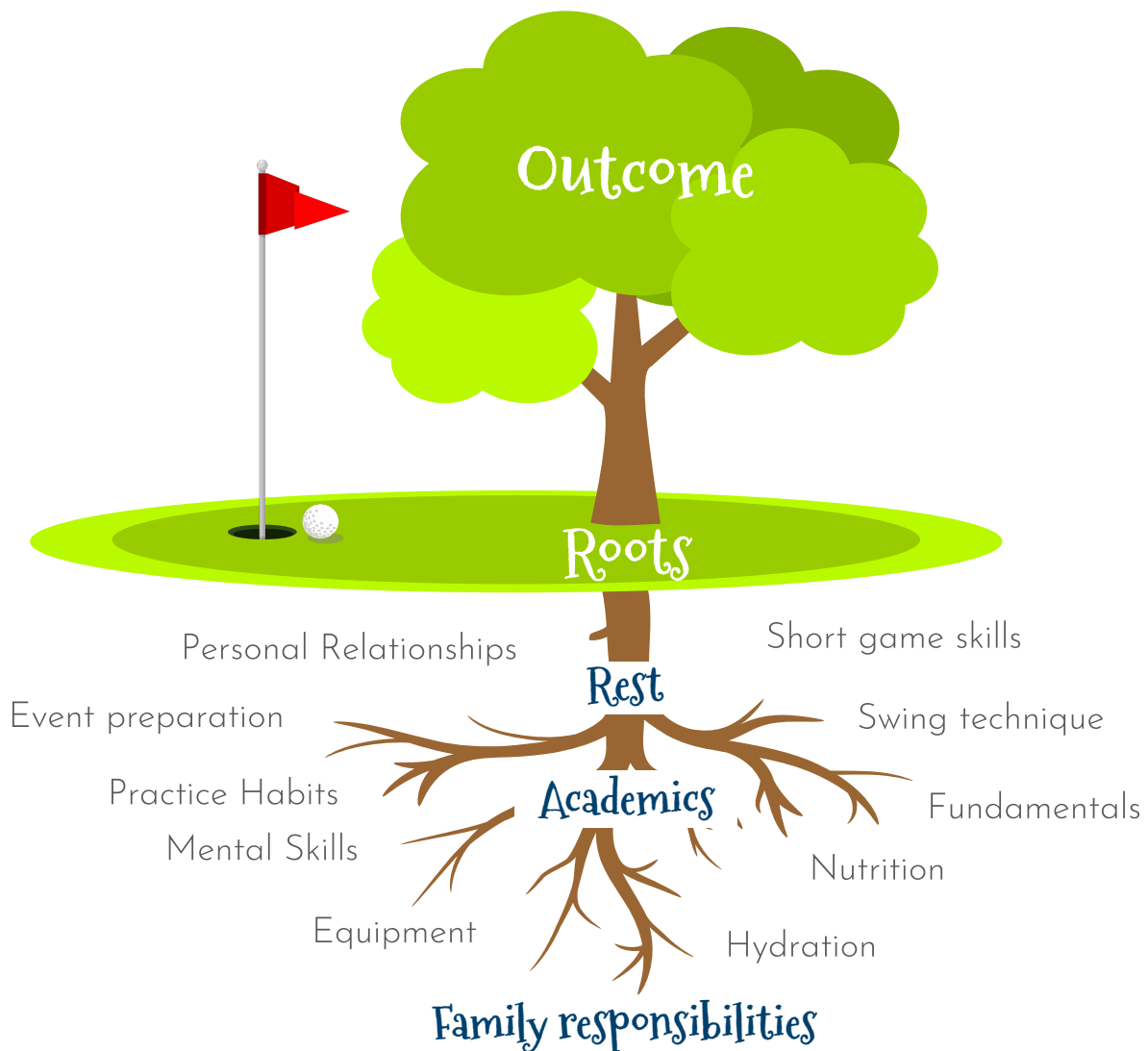
If you are an aspiring junior golfer, or a parent interested in getting a junior started in golf, we encourage you to contact us directly to learn more about how we help players start and progress in the sport of golf,

And have fun doing it!!!

What WE Believe

We don't believe talent or human performance has a ceiling, We believe human performance is only limited or by the "Mindset" of the student.

Because of that belief, we are never distracted by what we see in front of us, instead we look to the future and ask - 'what is this young athlete's potential and how can we create the pathway that can take them toward the upper levels of that potential.' This infographic below does a great job of displaying Fusion Golf's integrated approach.....



Ongoing Focus of Athlete and Coach

Develop strong and deep roots to get improved results

Strong Roots = Best Results





Our team of highly trained coaches include nationally recognized award winners, seasoned twenty year PGA Member coaches, and young, high energy coaches on the front end their careers as PGA teaching professionals.

What It's Like

Game Based Learning Environment

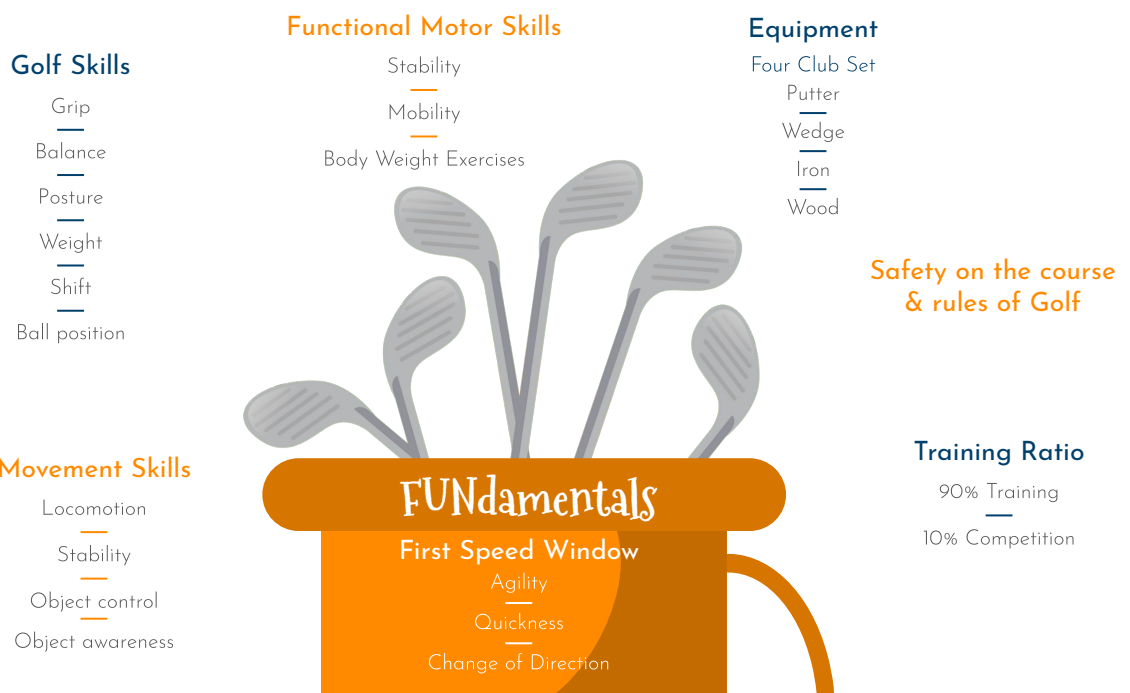


Children love to play, but often shy away from structured practice. Our “Deliberate Practice” concept creates a game like practice environment on the front end (which kids love), with skill based structure development in the back end (which parents love). Best of Both Worlds!

Our classes look more like a playground than a golf class, but that’s okay,... students are learning critical movement based skills and golf specific movements simultaneously as they develop into superstar athletes.

Golfers are Athletes

Through “play-like” practice children develop the ideal combination of Fundamental Movement Skills (FMS) and Fundamental Sports Skills (FSS). Examples of FMS are: running, skipping, agility, balance, coordination, throwing, kicking, catching, body awareness, and speed development.



How it Works

Junior Unlimited Members attend after school training in age appropriate group settings during the week, with the option to train privately with their coach during Saturday training sessions.

Early in the training progression, a key concept focus is to develop and master fundamental athletic movements - skills needed in the game of golf. Throughout the training the mastery of the athletic movements allows for rapid progress in the golf specific skill development portion of the training.

WHY

Leading sports science research around Long Term Athletic Development shows golfers demonstrating athletic proficiency play better golf - and display a higher level of personal confidence during their athletic lifetime.

With that in mind, our training is built to introduce the right skill, with the right technique, at the correct time in a junior golf athlete's life. This targeted skill development yields maximum results for improved athletic performance in the game of golf.

What is LTAD?

For the Junior Unlimited Member, our player development philosophy is based on the Long Term Athletic Development (LTAD) model.

The LTAD approach focuses on introducing and developing the right skills at the right time, based on the biological age of the student, not the chronological age.

As our junior golf athletes progress, the athletic movement and golf specific skill training gets more complex - the golf skills becoming more specialized as the student athlete reaches higher levels of development.

What Does 'Junior Unlimited Membership' Mean?

Fusion Junior Unlimited Members can attend an unlimited number of after school training sessions!! This tremendous value gives our junior players the opportunity to maximize their development and fun!!

The 5-8 year old groups meet for 75 minutes per class and the 9-12's meet for 90 minutes per class.





What Does A Typical Training Day Look Like?

- 10-15 minute warm up and FMS (fundamental movement skill) pattern development
- 20-25 minute circuit training. Focused on a Fundamental Golf Skill (FGS) and a Fundamental Movement Skill (FMS).
- The FMS develops the athlete, and the FGS develops the golfer.
- 10 minute Topic of The Day Introduction - (Specific Golf Skill: Grip, Posture, Balance etc)
- 20 minute Topic of the Day Practice with hands on coach instruction for each student
- 15 minute fun contest or competition reinforcing Topic of the Day
- 10 minutes Rules of Golf and Character Development Message
- Develop the Athlete so the Golfer can emerge!

Where is Fusion Golf Academy?

Fusion Golf Academy is located on the sprawling 65 acre Woodinville Sports Club property in Woodinville, WA. Fusion Golf Academy facilities include expansive natural grass practice tees, 45 covered hitting bays with Top Tracer Technology, 4,500 square foot bent grass putting green.

Coming in 2020 Fusion Golf Academy is excited to announce our new natural grass short game practice area. This new area features Two large short game greens , multiple sand and grass practice bunkers, bent grass putting green, and two natural grass tee boxes!! Also included are state of the art fitness facilities steps away from the golf practice area!

It's a window of opportunity you do not want to miss,
Contact us Today !



Junior Unlimited Schedule

This annual membership runs late February thru Mid December.

Training is held after school and on weekends

Weekdays 4:30 - 5:45pm

Weekends AM/PM

*** Please contact us directly with any questions at www.fusiongolfacademy.com or (888) 259-6509.**

Sign Up For 2020 Now at www.fusiongolfacademy.com



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